



complete health borders

YOUR WELLNESS CENTRE IN THE HEART OF THE SCOTTISH BORDERS
36 GALA PARK GALASHIELS TD1 1EU

therapies currently available

ACUPUNCTURE

Megan Burt, m: 07903 503142

AROMATHERAPY

Sraddhadharani, m: 07800 755764

BODY-ORIENTED PSYCHOTHERAPY

Laura Steckler, m: 07770 235081

BOWEN

Angela Herdman, m: 07921 839552

Mary Macfarlane, m: 07989 133215

COACHING

Tracy Archibald, m: 07989 133215

Jackie Walker, m: 07957 307652

COUNSELLING

Mandy Gaze, m: 07790 666247

Anna Gibbons, m: 07786 633005

EMMETT TECHNIQUE

Mary Macfarlane, m: 07989 133215

EFT (EMOTIONAL FREEDOM TECHNIQUE)

Donja Macgregor, m: 07443 580865

FOOTCARE

Fiona McDonald, m: 07917 340693

HEALING

Corrinne Johnston, m: 07891 023558

Christina Mark, m: 07724 771081

HERBAL MEDICINE

Denise Owens, m: 07968 893393

HYPNOTHERAPY

Christine Wright, m: 07845 661482

INDIAN HEAD MASSAGE

Corrinne Johnston, m: 07891 023558

JIKIDEN REIKI

Gisela Stewart, m: 07949 511722

MASSAGE

(Sports, Remedial & Holistic)
with Gillian McCrerrick

NLP (NEUROLINGUISTIC PROGRAMMING)

Tracy Archibald, m: 07989 133215

NUTRITION THERAPY

Callie Johnston, m: 07436 773177

PREGNANCY MASSAGE & REFLEXOLOGY

Johanne Gardiner, m: 07818 044320

REFLEXOLOGY

Fiona McDonald, m: 07917 340693

Joanne Nelson, m: 07723 696107

RELATIONSHIP MEDIATION/COACHING

Catrina Davies, m: 07921 868425

VOICE THERAPY

Sarah Elliott, m: 07866 384621

TRE (TENSION RELEASE EXERCISE)

Mandy Gaze, m: 07790 666247

We welcome enquiries from new therapists, workshop leaders and fitness instructors!

T: 07856 263537 or E: info@completehealthborders.co.uk